

About Mercy Home

"It is the mission of Mercy Home to assure the quality of life for persons with developmental challenges through the recognition of each person's inherent dignity and absolute right to a life filled with learning and love." The mission is fulfilled by practicing the Core Values of *Respect, Trust, Teamwork, Care and Compassion*. Mercy Home operates a network of group homes throughout Brooklyn, Queens and Nassau County. The agency provides supportive programs and services to children and families including Medicaid Service Coordination, In-Home Respite, Saturday Respite and the Creative Arts Programs.



Locations and Hours of Operation:

The Mercy Home Creative Arts Program on Saturday's (Sept.-June)
2 convenient Brooklyn locations:

Mercy-Mitsui-USA Center

Immaculate Heart of St. Mary School
3002 Ft. Hamilton Parkway
Brooklyn, NY 11218
(Hrs: 12:30pm-2:30pm)
&

JPS Center

St. Joseph's College
St. Angela Hall
267 Waverly Ave
Brooklyn, NY 11205
(Hrs: 10:30am-3:00pm)

For referrals please contact:

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www.mercyhomeny.org

A Sisters of Mercy Ministry since 1862



MERCY HOME CREATIVE ARTS THERAPY PROGRAM



Art work created by participants

**The Mercy Home-Mitsui USA
and
JPS Creative Arts Centers
for Children with Autism
Spectrum Disorder**



MERCY HOME CREATIVE ARTS THERAPY

What is Art Therapy?

Art Therapy is the therapeutic use of art making and materials as a form of emotional expression. Art therapists foster the healing potential of art in both the process of using art materials such as paints, markers, and clay, as well as insight into the story behind the product. Art therapy combines traditional psychotherapeutic theories and techniques with an understanding of the creative process. Art therapists work with people of all ages, and can benefit individuals, couples, families, groups, and communities.



What is Dance Therapy?

Dance Therapy is the use of movement to further the emotional, cognitive, physical, and social integration of the individual. Dance therapy seeks to improve self-esteem and relieve stress while increasing self-awareness. Dance therapy creates a link between feeling, thought, and action by connecting mind and body. Dance therapy helps a variety of people to express and deal with emotions, helps them to communicate, and further develops social integration skills.

What is Music Therapy?

Music Therapy uses the properties of music, sounds, rhythm and the universality of song in a therapeutic relationship. Music therapy techniques include singing, listening to music, playing instruments, songwriting, and improvisation. Music therapy provides emotional comfort and relief from anxiety to people of all ages and many different special needs.



How Does Creative Arts Therapy Benefit Children on the Spectrum?

Creative Art Therapies address several treatment goal areas by working with children with Autism Spectrum Disorder, such as:

- Social Skills
- Communication / Self-Expression
- Sensory Integration
- Affect Regulation
- Attention Span
- Imagination / Abstract Thinking Skills
- Developmental Growth

Creative Arts provide a safe and secure environment for children w/ ASD to explore their senses and imagination in a developmentally appropriate manner.